Lotus Wellspring Healthcare/ Sybil Ihrig, DACM, L.Ac., CCH 44650 Village Court, Suite 100, Palm Desert, CA 92260 Phone: 760-854-4242; email: lotuswellspring@gmail.com; web: <u>www.lotuswellspring.com</u>

Registration Form - (Please print) Name: Birth date: Height ____ Weight: Home Phone: Home Address: Cell Phone: City, State, Zip: Email: **Marital Status** # of children Gender Single Married Male Female Divorced Widowed Occupation Student Homemaker Retired Unemployed Disabled Self Employed Other Business/Work Address: Employer: City, State, Zip: Work Phone: Person to be contacted in case of emergency: ______Phone #: ()_____ Please indicate briefly the main problem(s) for consulting a homeopath: How **committed** are you to solving this problem? Somewhat committed Lukewarm Committed Strongly committed Sceptical or not committed Please provide the following information starting with the most recent. Include type of illness, month and year hospitalized, name of hospital, city and state. 1. 2. 3. Please list any medications you are taking (type, dosage, frequency ...) Medicinal Herbs, Vitamins, Teas: Do you use...? Amount/frequency Coffee: Cigarettes: Alcohol: Other drugs: Explain: Allergies: **Medical Tests** Year Immunizations Year Chest X-ray Small Pox Electrocardiogram Tetanus TB Test Polio GI Series Typhoid Kidney X-ray Mumps, Measles Barium Enema

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What are you most sensitive to (example: Noise, odors, light, pain)?
Describe an ideal day in terms of weather and temperature:
What are your fears?
Do you have any hobbies?
(This question women only) What symptoms do you experience premenstrually?
Describe any recurrent dreams, important dreams in your life or recurrent themes in your dreams:
How is your energy? Is there any particular time of day when it is lower or higher?
How is your sexual interest/drive?
What do you most like to eat or crave?
What foods do you most dislike?
How is your thirst?
What temperature do you like fluids?
Are there any foods that you are sensitive to or allergic to?

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Registration Form. Continued...

Please place a check mark " ✓ " for any of these that apply to you

✓	Problem	✓	Problem	✓	Problem
	Frequent/severe headaches		Aching muscles or joints		Frequent belching
	Back pains		Swollen joints		Nausea
	Neck lumps or swelling		Back or shoulder pains		Vomiting
	Loss of balance		Weakness in arms/legs		Pain in abdomen
	Dizzy spells		Painful feet		Bloated abdomen
	Blackouts/fainting		Trembling		Constipation
	Wear glasses/contacts		Numbness		Loose bowels
	Blurry vision		Leg cramps		Black stools
	Eyesight worsening		Skin problems		Grey or whitish stools
	See double		Scalp problems		Pain in rectum
	See halos or lights		Itching or burning skin		Itching rectum
	Watering eyes		Bruise easily		Blood with stools
	Earaches		Nervousness or anxiety		Frequent urination
	Hearing Difficulties		Nervous with strangers		Involuntary urination
	Ringing in ears		Nail biting		Burning on urination
	Noises in ears		Difficulty making decisions		Black or bloody urine
	Dental problems		Lack of concentration		Weak urine stream
	Sore or bleeding gums		Loss of memory		Difficulty starting urine
	Sore tongue		Lonely or depressed		Constant urge to urinate
	Congested nose		Frequent crying		
	Running nose		Hopeless outlook		Women Only
	Sneezing spells		Difficulty relaxing		Missed period
	Head colds		Worry a lot		Menstrual problems
	Nosebleeds		Scary dreams or thoughts		Bleeding between periods
	Sore throat		Feeling of desperation		Heavy bleeding
	Difficulty swallowing		Shy or sensitive		Bearing down feeling
	Hoarse voice		Dislike criticism		Vaginal discharge
	Wheezing or gasping		Angered easily		Genital irritation
	Frequent coughing		Annoyed by little things		Pain on intercourse
	Cough up phlegm		Family problems		Swelling of breasts
	Cough up blood		Problems at work		Painful breasts
	Chest colds		Sexual difficulties		
	Rapid or skipped heart beats		Change of sexual energy		# of pregnancies
	Chest pains		Considered suicide		# of births
	Shortness of breath		Loss or gain in weight		# of miscarriages
	Swollen feet or ankles		Loss of appetite		# of premature births
	Armpits or groin swelling		Always hungry		# of caesareans
	Difficulty sleeping		Fatigue or weariness		# of abortions
	Motion Sickness		Fever or chills	г	
	Excessive sweating		Motion sickness		Men Only
	Recurring indigestion		Night sweats		Burning of discharge
	Sexually transmitted diseases		Hot flashes		Swelling on testicles
	Are you ticklish-Where		Warm/colder than others		Painful testicles
Comi	ments or special problems:				

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Registration Form - Family History

Please Place a " ✓ " in the appropriate column for any illness that you or your relatives have had

<u>Illness</u>	Self	Father	Mother	Brothers	Sisters	Child #1	Child #2	Child #3	Grandparents
Abnormal Periods									
Alcohol/Drugs									
Allergies									
Anemia									
Arthritis/Gout									
Asthma									
Bleeding problems									
Cancer									
Diabetes									
Eczema									
Empahsema									
Epilepsy									
Frequent Infections									
Heart Trouble									
Hepatitis									
High Blood pressure									
Kidney problems									
Mental Illness									
Migraines									
Polio									
Pneumonia									
Prostate problems									
Psoriasis									
Rheumatic Fever									
Stomach problems									
Stroke									
Thyroid problems									
Tuberculosis									
Ulcers									
Venereal Disease									
Weight problems									

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Please use this space for any additional information you would like to provide: